

# Wolfi's law

## General Use Protocol of the iMRS and the iMRSone

### Settings for the Full Body Mat:

Use the full body mat two to three times a day for 8 minutes.

*(Note: The cellular resonance lasts 4 to 6 hours)*

- ✓ In the Morning set the intensity at 25
- ✓ In the Evening set the intensity at 10

### Settings for the Probe/Omnimat or Pillow: (2-3 times daily)



#### Chronic (older)

**10 - 25**  
**8 min**

**25 - 50**  
**8 min**

**50 - 100**  
**8 min**

#### Acute (new)

**25 - 50**  
**16 - 24 min**

**50 - 100**  
**16 - 24 min**

**100 - 400**  
**16 - 24 min**

**These setting are for:**  
very chronic conditions, pains  
or symptoms that have been  
bothering you for a long time.

Very old persons  
Very sick persons  
Very fragile persons  
etc...

**These setting are for:**  
acute; new inflammatory  
conditions, pains or symp-  
toms. Situations that are  
relatively new.

Very inflamed areas  
Very acute or severe pain  
etc...

Speak to your distributor if you have any questions. They are there to assist you with any questions. Do not adjust settings on machine without speaking to your distributor first.

Distributor Name:

Distributor Number:

### **Important Note:**

drink 6-8 glasses of water a day. This increases effectiveness of MRS sessions. (or half your body weight in ounces)